GLP Chart

PRICE INDEX · SEPTEMBER 2026

The GLP-1 Price Index.

Independent comparison of US GLP-1 weight loss telehealth programs. Verified against each program's published pricing. Checked every Monday.

33 programs · **43 verified prices** · **7 drugs**
Cheapest cash-pay: **Strut Health, $129/mo**
Checked September 7, 2026
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Executive summary, September 2026

The GLP Chart Price Index tracks 33 US weight loss telehealth programs across seven GLP-1 medications. Every price is verified against the program's published pricing pages and checked every Monday. This edition reflects pricing as of September 7, 2026.

This month, the cheapest cash-pay all-in monthly price is **$129/mo at Strut Health**, a compounded-semaglutide flat-rate program with no dose escalation. The cheapest cash-pay route to a branded GLP-1 is **$199/mo at Ro Body**. Across the 19 programs the index counts, the median is **$315/mo** and the most expensive charges **3.5x** what the cheapest does.

The index splits into three price bands. **Compounded semaglutide and tirzepatide**, made by 503A pharmacies, sit at the bottom. **Branded Wegovy and Zepbound** through telehealth sit in the middle. **Branded Ozempic cash-pay**, bought without a diabetes diagnosis, sits at the top, and that gap drives most off-label compounded demand.

For programs that route patients to insurance with a successful prior authorization, the patient out-of-pocket can fall to $25 to $50/month. Those copay numbers are excluded from the cash-pay index because they depend on plan terms, not program terms, but they appear in the downloadable CSV as the “insurance route” rows.

This report distills the index into five top findings, the full price chart and the methodology. The underlying data is downloadable as CSV at glpchart.com/price-index.

Correction, October 1, 2026. *An earlier version of this report put the spread at 5.0x and the median at $299/mo. Both figures read each program's lowest listed tier and counted programs the index excludes. On the index's own rule the spread is 3.5x and the median is $315/mo.*

Top five findings, September 2026

FINDING 1

The cheapest cash-pay GLP-1 program in the US is **Strut Health at $129/mo**, a flat-rate compounded semaglutide program with no dose escalation. This is the floor of the market.

FINDING 2

The cheapest cash-pay route to a branded GLP-1 is **Ro Body at $199/mo** for Wegovy. Branded Zepbound through LillyDirect at $349/mo via partner programs is the cheapest branded tirzepatide route.

FINDING 3

The cheapest month-to-month cash price was $129/mo and the most expensive was $448/mo, a spread of **3.5x**. Checked September 7, 2026. Part of that gap is the product. Branded programs sell the FDA-approved drug. Compounded programs sell a pharmacy-made version that is not FDA-approved.

FINDING 4

The median program charges $315/mo. Three of the 19 programs the index counts charge more than $400/mo.

FINDING 5

Per milligram, compounded semaglutide is priced at roughly a third of branded Wegovy and a seventh of branded Ozempic cash-pay.

The full price index, September 2026

Every program-by-drug combination with a verified cash-pay maintenance price. Sorted by drug, then price ascending within each drug. 43 rows.

Program	Drug	Maintenance / mo	Lock-in	Score
Eden	Compounded sema	$99/mo	3-mo minimum	6.8/10
Strut Health	Compounded sema	$129-$199/mo	Month-to-month	7.4/10
Klarity Health	Compounded sema	$150-$199/mo	3-mo minimum	7.0/10
Push Health	Compounded sema	$150-$350/mo	Month-to-month	7.7/10
Shed	Compounded sema	$159-$199/mo	Month-to-month	7.1/10
Mochi Health	Compounded sema	$178/mo	Month-to-month	8.2/10
Noom Med	Compounded sema	$179-$249/mo	Month-to-month	8.0/10
Henry Meds	Compounded sema	$179-$397/mo	Month-to-month	8.0/10
Medvi	Compounded sema	$179-$299/mo	Month-to-month	7.0/10
Ivim Health	Compounded sema	$200/mo	4-mo prepay	7.4/10
Found	Compounded sema	$289/mo	Month-to-month	6.8/10
Zealthy	Compounded sema	$297/mo	Month-to-month	5.7/10
Lemonaid Health	Compounded sema	$348/mo	Month-to-month	7.2/10
Strut Health	Compounded tirz	$149-$199/mo	Month-to-month	7.4/10

Program	Drug	Maintenance / mo	Lock-in	Score
Klarity Health	Compounded tirz	$199-$299/mo	3-mo minimum	7.0/10
Push Health	Compounded tirz	$200-$450/mo	Month-to-month	7.7/10
Shed	Compounded tirz	$245-$349/mo	Month-to-month	7.1/10
Mochi Health	Compounded tirz	$278/mo	Month-to-month	8.2/10
Noom Med	Compounded tirz	$299/mo	Month-to-month	8.0/10
Henry Meds	Compounded tirz	$299-$349/mo	Month-to-month	8.0/10
Medvi	Compounded tirz	$299/mo	Month-to-month	7.0/10
Ivim Health	Compounded tirz	$300/mo	4-mo prepay	7.4/10
Eden	Compounded tirz	$329/mo	3-mo minimum	6.8/10
Lemonaid Health	Compounded tirz	$348/mo	Month-to-month	7.2/10
Found	Compounded tirz	$349/mo	Month-to-month	6.8/10
Zealthy	Compounded tirz	$449/mo	Month-to-month	5.7/10
Ro Body	Wegovy (branded)	$199-$399/mo	Month-to-month	7.5/10
Klarity Health	Wegovy (branded)	$199-$399/mo	3-mo minimum	7.0/10
LifeMD	Wegovy (branded)	$199-$349/mo	Month-to-month	7.6/10
Hims & Hers	Wegovy (branded)	$349-$399/mo	Month-to-month	6.0/10

Program	Drug	Maintenance / mo	Lock-in	Score
Sesame Care	Wegovy (branded)	$349/mo	Month-to-month	7.8/10
Ro Body	Zepbound (branded)	$299-$449/mo	Month-to-month	7.5/10
Amazon Pharmacy	Zepbound (branded)	$299/mo	No lock-in	6.4/10
Walgreens Weight Management	Zepbound (branded)	$299-$499/mo	No lock-in	7.2/10
CVS MinuteClinic	Zepbound (branded)	$299-$499/mo	No lock-in	7.4/10
LifeMD	Zepbound (branded)	$349-$549/mo	Month-to-month	7.6/10
Hone Health	Zepbound (branded)	$399-$449/mo	Month-to-month	6.9/10
Sam's Club Member Health	Zepbound (branded)	$399-$699/mo	No lock-in	6.0/10
Hims & Hers	Zepbound (branded)	$449/mo	Month-to-month	6.0/10
GoodRx for Weight Loss	Ozempic (branded)	$199-$349/mo	Month-to-month	7.1/10
Costco / Success by Sesame	Ozempic (branded)	$349/mo	Month-to-month	7.6/10
Sesame Care	Ozempic (branded)	$998-$1036/mo	Month-to-month	7.8/10
Sesame Care	Rybelsus (oral)	$998/mo	Month-to-month	7.8/10

Branded prices are cash-pay, no insurance applied. Compounded prices are from 503A pharmacies via the program. Insurance copay rows (below $150/mo for branded drugs) are excluded from the chart but available in the downloadable CSV at glpchart.com/price-index.

Methodology

How we collect prices. Every price is verified against the program's published pricing page, checked every Monday, and confirmed through a web search of the program's own materials when its site blocks automated access. If a program lists tiered dose pricing, we report the published target-dose tier. When a price is a range across doses, we report the range. Where a program operates a separate cash-pay rail and an insurance-routed rail, we report the cash-pay number; insurance copays are excluded because they depend on plan terms, not program terms.

How we define maintenance dose. Maintenance is the target therapeutic dose, not the introductory teaser. For semaglutide that is 2.4 mg/week; for tirzepatide that is the program's published target tier (typically 10 to 15 mg/week). For branded Ozempic prescribed off-label for weight loss, maintenance is 2.0 mg/week.

How we score. Each program is scored 1 to 10 on five dimensions: how clear the price is, how easy it is to cancel, how fast you start, what drugs you can get and what members say. The five are weighted equally and the overall score is their simple average, which is what glpchart.com/methodology publishes. The full sub-score breakdown is in the downloadable CSV. The complete scoring rubric is at glpchart.com/methodology.

How often we check prices. Every Monday, against each program's published pricing. The Price Index dataset (CSV and PDF) is refreshed on the first Monday of each month. The chart on the live page reflects the most recent Monday price check.

What we exclude. Programs that are not currently accepting US patients. Programs that require an existing insurance prior authorization to enroll. Programs that do not publish a cash-pay maintenance price. The downloadable CSV documents every exclusion.

Editorial independence and funding

GLP Chart is an independent editorial comparison site. It is not a telehealth program, not a pharmacy, not a consultancy. We do not accept paid placements. Programs do not see their score before we publish it. We do not change scores in response to partnership outreach.

How we make money. Affiliate commissions on outbound clicks where the program runs an affiliate program. This is disclosed on every outbound link via the standard rel="sponsored" attribute and on every page footer. The rank order is determined before any partnership conversation. We publish programs we do not have an affiliate relationship with on equal footing.

Editor on record. John Samaras, founder and editor. He's worked on the US GLP-1 telehealth category full time since 2026, from Austin, Texas. He owns no piece of any program in the chart, and none of them pay him a retainer or a referral fee. He'll go on the record about telehealth pricing, the economics of compounded versus branded, and how prior authorization actually works. Email **press@glpchart.com**.

Citation

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